

Psychophonetics is a cutting edge modality of Psychodevelopment.

Psychodevelopment claims that the major task of modern psychology is to facilitate human development, evolution of consciousness and humanizing of civilization, rather than the recovery from pathology as its focus.

Psychophonetics, a pioneering Psychodevelopment modality, offers a methodical and highly effective approach to Personal Development, Counseling, Coaching, Psychotherapy, Art Therapy, Body Work, Healing, Organizational Consultancy, Education, Conscious Parenting, Conscious Relationship, Personal Transformation, 'Humanizing the Workplace', Social Development and Intentional Community Building – all as components of and opportunity for Psychodevelopment, oriented towards freedom.

Its major strength is its Methodology of Experience Awareness (MEA) which facilitates methodical Self-Observation, enabling individuals to objectively observe the phenomena of their own subjective experience and semi-conscious patterns, taking charge of their variety of forces and dynamics underlying their physiology, cognition, emotionality and spirituality.

Psychophonetics does it through the cultivation and application of the Deep Intelligence faculties of Imagination, Inspiration and Intuition as organs of perception, activated by a combination of verbal and non-verbal modes of knowing: **Body Awareness, Gesture, Visualization and the Sounds** of human speech, hence the term: 'Psycho-Phonetics'. These faculties enable individuals to put their own internal operation 'on screen' for their own self to observation, which is the practical basis for any self transformation.

Psychophonetics' motto is: "Know the truth (about yourself) and the truth (about yourself) shall set you free (from the old patterns and habits of oneself) into new creation expressing your higher and deeper being.

Psychophonetics 'midwives' people's inherent ability to become their own mentors, guides, creators of their own meaning, healers and coaches through a short-term participatory educational process. It creates no dependency on the therapists. It is applicable professionally throughout the whole range of adult conscious work.

Psychophonetics A Psychodevelopment of Freedom

Psychophonetics has the potential of making a significant contribution in the treatment of abused and traumatized persons not only in South Africa, but also in the whole of Africa. As the President of the World Council for Psychotherapy African Chapter and the head of the Department of Psychology, University of Limpopo, I would support Psychophonetics counselling and services in any way possible within my capacity.

Professor Sylvester Ntomchukwu Madu

Head of Psychology Department, University of Limpopo;
President, World Council for Psychotherapy, African Chapter (WCP-AC)

"Yehuda Tagar has created a powerful and profound new psychotherapeutic approach based on the relationship between sound, gesture and emotion through which trauma and painful memories can be brought gently to consciousness for healing.

He has shown us that our human sounds can give immediate access to our deepest truths and when combined with a creative and empowering therapeutic relationship, individuals can quickly heal the barriers to their own joy and fulfilled, purposeful living.

I am proud to be supporting Yehuda in the introduction to the UK of Psychophonetics, which will clearly become a major new therapeutic discipline."

Dr Rosy Daniel BSC MBBCH, Director of the British College of Integrative Medicine, Medical Director Health Creation, Director of Integrative Health Trust. www.healthcreation.co.uk

Yehuda Tagar, founder of Psychophonetics, is a Psychophonetics paractitioner and trainer.

Psychodevelopment practitioner, coach, psychotherapist, organisational consultant and international Lecturer since 1991, based in Cape Town and in Stroud, Gloucestershire



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Persephone Institute

Our Educational philosophy is to regard each human being as an original source of awareness, knowledge, meaning, purpose and creativity. We regard individuals as leaders of their own destiny, ethics and inner guidance.

As practitioners and teachers we see ourselves as team-workers with our students' and clients, 'midwives' for the unfolding of people's inherent deeper human potential.

We see Empathy as the characteristic of present and future evolving humanity, and the methodical development of deep Empathy is our major educational goal.

Our Professional Training A three-year part-time post graduate professional training towards becoming Psychophonetics Practitioner:

First year: Foundation Year (Certificate) in Personal Development and Counseling Skills.

Second Year: Foundation of Psychoscopy and Psychodevelopment. Intensive training in Methodical Empathy, Methodology of Experience Awareness, Psychoscopy, and Psychophonetics modes of intervention.

Third Year: Professional Psychophonetics, leading to the Diploma in Psychophonetics. Applied Psychoscopy and Psychophonetics, practicum, Introduction to Anthroposophical & Integrative Medicine, research project.

Post Graduate Psychophonetics Training: professional supervised practice & CPD enables professional membership in the International Association of Psychophonetics (IAPP).

Specialized Post Graduate Training: qualifying graduates to become Consultants of 'Humanizing the Workplace', couple counseling and Psychophonetics Teachers Training.

Formats:

UK/Europe – 4.5 time per year, 8 days intensive teaching blocks

South Africa: 6 times per year, 5 days seminars

Introductions Lectures, short courses, master classes, demonstrations and conferences presentation about Psychodevelopment, Psychophonetics and Psychoscopy are offered by teachers of Persephone Institute of Psychophonetics and Persephone College UK in the UK, Europe and South Africa

Psychoscopy: a holistic approach to psychology based on a development of Rudolf Steiner's philosophy.

Psychophonetics: A Psychodevelopment of Freedom

Personal transformation and leadership skills through Deep Intelligence, Experience Awareness and Methodical Empathy

As a leading modality of Psychodevelopment, Psychophonetics' focus is on the transition from 'normal' to 'evolving' state of being, rather than on 'pathological' to 'normal' state of being. In Psychophonetics process all life challenges are opportunities for personal and social development.

Psychophonetics is a unique method of enhancing self- awareness as the foundation for personal change, renewing the whole human being – body, life energy, soul, and spirit – allowing people to take charge of their inner and outer life.

- ◆ It holds the autonomic integrity of the individual as the foundation for all personal development.
- ◆ It leaves people in charge of your own process, progress and transformation
- ◆ It affirms the many-dimensional existence of human beings
- ◆ It focuses on the reality of people's present experience and awareness as the foundation and the raw material for any development, with no analysis or interpretation and external guidance.
- ◆ It engages the Deep Intelligence of Body Awareness, Gesture, Visualization and Sounds, universal faculties inherent in every human being.
- ◆ It integrates the development of self-awareness, self-healing and self-transformation of one's body, soul, social faculties and spirit, combining psycho-somatic, psycho-social and psycho-spiritual development into one developmental process.
- ◆ It empowers people to become their own mentors, leaders, healers, therapists and coaches.

Psychophonetics appreciates the complexities of the human form. It conceives of humans as multi- modal and it respects people as ecological beings. It is an approach which offers possibilities to healers working in Africa as it recalls the fullness of what living could be.

Professor Stan Lifschitz

Head of Clinical Psychology Masters Program, University of South Africa

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