“When scientific research, spiritual practice and artistic expression work together, heaven and earth are in resonance. This is the vibratory promise that is the gift of our musical universe.”

-- Fabien Maman

Within each cell of our body is written the Divine Story. Within the Heart of our Soul is the blueprint of our DNA.

This is the spiritual work of the Coming Age – where biology, physics and cosmology open to the “Way of the Soul”; and spirituality finds its roots, grounded in the physical reality of Chinese medicine and acupuncture.

The key that makes the link is vibration. And leading the way is French musician/composer, acupuncturist, researcher and bio-energetician, Fabien Maman.

**Sound-Cellular Research: The Impacts of Sound on Human Cells**

In the early ’80s, Fabien Maman conducted biology experiments at the University of Jussieu in Paris, showing the impacts of acoustic sound on human cells and their energy fields. Maman found that through a series of acoustic sounds, cancer cells would explode and healthy ones became energized and empowered.

Using a Kirlian camera, Maman was able to document what happens to the energy fields of healthy human cells when exposed to acoustic sound. He discovered that the color and shape of each cell and its subtle energy field (Aura) changed according to the pitch and timbre of each musical note.

The below photographs are taken from Fabien Maman's book *The Role of Music in the Twenty-First Century*

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He also discovered that when the cell felt a 'vibratory affinity' with a certain note, the cell’s aura would transform into a mandala shape with vibrant colors such as pink and blue. Fabien concluded this was the cell’s ‘fundamental note’, and if the person ‘tuned’ with it, harmony could be achieved within the cells, the energy field of the person and the outside world. (For more information, read Fabien’s book, The Role of Music in the 21st Centur. www.tama-do.com).

**Dominique Eraud, Doctor of Acupuncture and Phytotherapy, Paris, France:**

“To put cells on a Kirlian camera to capture their energy fields was pure genius. No one was considering such high concepts at that time. In the ‘80s, it was a miracle for anyone in France, let alone a musician with no formal scientific background, to envision and execute such an extraordinary experiment as the impacts of sound on human cells. The medical society did not value “alternative or complementary” forms of health care. They were just beginning to consider that psychoanalysis as well as massage, might help to heal the body. Vibrational sound therapy was just too advanced at the time.

Fabien Maman is certainly a pioneer of vibratory medicine.”

Shortly after his research, Fabien met French physicist Joel Sternheimer, who discovered the vibratory frequency of elementary particles. Long before cosmologists developed the “string theory”, Sternheimer was transposing certain molecular structures into musical patterns, creating “the music of the molecules.”

Sternheimer found that if there was a problem in an organic structure, the molecules of that structure did not vibrate. Maman’s cellular research came to the same conclusion. While working with human cells, Maman found that cancer cells, when exposed to a series of dissonant notes, exploded, rather than vibrated.
Both Sternheimer and Maman concluded that whereas sick cells lacked flexibility and resonance; healthy cells vibrated when they recognized their fundamental resonance.

Human cancer cells exploding under the influence of dissonant acoustic sound. Instrument: voice

Inspired, Maman began to deepen his research into the link between the physical body and energy fields. What prevented cancer cells from vibrating? Was it due to blockages in their energy field? And why did healthy cells vibrate more dramatically with certain frequencies? Was there a recognition of their fundamental note? Is it possible that healthy cells have Consciousness? Is it possible that vibration is the key?

Maman’s life work is based on the theory that disease begins first to manifest in one’s subtle energy field (aura). It is seen as a disturbance partly programmed at birth. As we grow and develop, our energy fields become polluted. Toxins, stress, dissonances in our lives, all impact us.

At the same time, our “fundamental-ness” can be accessed through our energy fields. When our energy fields are clear, health and harmony is achieved. We can link with the essence of our Being... our vibrational potentiality.

How long we can remain vibrant and clear depends on the level of our Consciousness in the daily life.

**Tuning Forks for Acupuncture**

While conducting his biology experiments in Paris, Maman retired from his professional musician’s career and became an acupuncturist, linking music with acupuncture.

Fabien Maman created the now famous system which uses tuning forks instead of needles on acupuncture command points.

His research started with the ancient classical acupuncture texts which vaguely referenced 5 notes for the 5 Elements of Nature: Wood (A), Fire (C), Earth (F), Metal (G), and Water (D). He went to China several times looking for people who used these notes. He found none. He spent years of research corroborating that these 5 notes indeed resonated with the energetic qualities of the elements and the Seasons.

These 5 notes of the elements led Maman to create the twelve notes of the acupuncture meridians which correspond to the twelve organs of the body. Maman created the now famous system which uses tuning forks instead of needles on acupuncture command points.

Based on Japanese needle technique, tuning forks work to pull the yang energy to the surface. The fork works faster than a needle because the vibration of sound travels faster than the vibration of the needle. The tail of the fork gives a vibrational message to the acupuncture point itself and then to the meridian and the organ. At the
same time, the fork of the tuning fork sends a vibrational message into the subtle energy fields, opening the way for potentials to be revealed, as well as dissolving any crystallizations of negative energy.

**Jake Fratkin, Doctor of Oriental Medicine and Licensed Acupuncturist out of Boulder, Colorado:**

“Applying sound therapy to acupuncture theory is a perfect match. Classical acupuncture texts such as the Nei Jing (oldest existent copy from 173 BC) and the Nan Jing (180 AD) describe in detail the relationship of acupuncture channels and points to regulating the health of the human body. Subsequent clinical practice (as well as modern research) has verified the fundamental truths of this marvelous system. It is probable that ancient Chinese were aware of the effects of musical notes on the acupuncture network, although this material does not survive in a clinically applicable method.

Fabien Maman has truly done something unique and possibly beneficial to modern society in a way as yet unknown: he has created a system of clinical application of music and musical notes to affect the health and well-being of the human body, mind and spirit.”

In his research, Maman has found the exact frequency of each Acupuncture Shu Point, Mu Point on the back and Ear and Foot Reflexology Points. He has also found sound correspondences to the 8 Extraordinary Meridians, which link to the functions of the body as well as the Chakras and the Subtle Body Command Points®.

He works on all levels of the body, subtle and physical. He finds that different tones impact the different 'layers' and bodies (in as much as they can be separated): Physical, Etheric, Astral, Mental, Causal, Bhuddic, Atmic and Sri. Maman’s work is about finding a fluid balance and harmony for all levels of energy. Sound alone, Maman says, is not enough. You must add color to “fix” the sound, and movement to bring the treatment into the body, or to the cellular level.

**Tama-Do, The Academy of Sound, Color and Movement®**

For nearly 30 years, Fabien has created research and practical applications to balance the body, mind and spirit through the subtle energy fields. He has determined that that Sound, Color and Movement® as well as Seasonal Harmonizing Concerts® are the most effective tools we can use to dissolve negative energetic patterns, as well as to reveal our vibrational potentiality.

In 1988, Fabien Maman founded Tama-Do, (“Way of the Soul”), Academy, to promote the evolution of consciousness through vibration. (see website: www.tama-do.com). He has created more than 30 techniques through his Academy. He is in the process of developing at least 20 more.

**Webster’s New Encyclopedic Dictionary 1993:**

“sound therapy:
Treatment based on the finding that human blood cells respond to sound frequencies by changing color and shape, and the hypothesis that therefore sick or rogue cells can be healed or harmonized by sound. The therapy was developed and researched by French musician and acupuncturist Fabien Maman..”

Fabien Maman’s techniques and frequency systems are painstakingly exact (exact pitches corresponding to exact organs, for example). Each technique took nearly seven years to test and apply.

“We must demand of ourselves absolute discipline and honesty,” Maman says, “if we are to call ourselves teachers or leaders in the field of vibrational research.”

Being intuitive is not enough. For Maman, research meant going into the laboratory and corroborating his work on a cellular level. It did not mean going to the library and quoting other people’s work.
Complex, yet simple, Fabien Maman has developed an entire sound structure for the twenty-first century, grounded in the physical laws of nature, the five elements, Chinese medicine and music theory.

There is a beauty and harmony in all his work. Like the way of the Tao, everything flows when there is harmony.

In Maman’s sound techniques, each pitch that is put in the body corresponds to a musical note. All the musical notes have to match in a chromatic scale. Mamans says that if the pitch used on a meridian is not in harmony with the other notes used on other meridians — (meaning it does not match within a chromatic scale), we disorganize the energy of the body and its energy field. Even when we use dissonant notes to break up negative crystallizations, these notes are based on a chromatic scale.

“Vibrational work can only work with harmonious relationship,” Maman says. “Relationship within the body, outside the body, to nature and beyond. We are all linked.”

**Music for the Future**

When tuning forks were not enough, Fabien Maman created magnificent sound instruments to bring us back into total resonance with the Universe to which we belong.

Fabien Maman:

“The distance between the earth and any planet of our solar system is measured in harmonics (overtones) instead of miles or kilometers. When we realize that these harmonics/overtones come from pure sound, we understand the need to create acoustic instruments which can bring us back into total resonance with the universe to which we belong.”

Tama-Do’s Sound Instruments®, originally designed by Fabien Maman, and hand-crafted by Wolfgang Deinert Lörler, take their work back to the source, following the rules of Sacred Geometry.

The tuning for the tubes is not A 440, but, rather, A 438.1. This tuning of A has been used in India and Egypt as an ancient healing frequency, opening the possibility of Self Realization.

The Pyramid in Giza resonates at this frequency. More recently, French physicist Joel Sternheimer found that the frequency A 438.1 corresponds to the vibration of the electron. This vibration attracts a concentration of electrons, recreating new conditions of life at a subatomic level.

While standing in the Arche of Sound in the Tama-Do Sound Garden in Malibu, (a 13’ high cathedral of sound with 15 sound tubes, each over 10 feet high) one can feel the earth and sky energies expanding our awareness.

These instruments are purely Shamanic – taking you back to where you have come from and reminding you of where you are going. (for more information on Tama-Do Sound Instruments: www.tama-do.com)

Maman is now exploring new ways to heal and harmonize on a more global level. Returning to his musical roots, he has developed a system of correspondences between the elements, meridians, chakras, directions and stars and the musical key, mode, instrument, rhythm and energy of each season. When played, these Seasonal Harmonizing Concerts bring human beings, nature and the cosmos into healing harmony.
“When scientific research, spiritual practice and artistic expression work together, heaven and earth are in resonance. This is the vibratory promise which is the gift of our Universe.”

--Fabien Maman

For more information on Fabien Maman and Tama-Do, The Academy of Sound, Color and Movement: 800.615.3675  www.tama-do.com

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